

Our IT Health Consultation covers:



ACCOUNT SECURITY COMPLIANCE

- Detects weak or reused credentials that put your business at risk
- Ensures secure access protocols are in place across all user accounts
- Identifies gaps in MFA (Multi-Factor Authentication) implementation



BACKUP AND DISASTER RECOVERY

- Confirms backups are running regularly and securely stored offsite
- Assesses your ability to restore critical data quickly after a breach or outage
- Uncovers weaknesses in your recovery time and recovery point objectives (RTO/RPO)



NETWORK SECURITY COMPLIANCE

- Identifies outdated configurations and unauthorized devices on your network
- Evaluates encryption and segmentation protocols for internal traffic
- Ensures compliance with industry standards (HIPAA, PCI, etc.)



FIREWALL RISK ASSESSMENT

- Reviews firewall configurations for vulnerabilities and outdated rules
- Ensures external threats are being properly blocked and logged
- Provides recommendations for ongoing firewall management and monitoring



ENDPOINT SECURITY COMPLIANCE

- Evaluates antivirus, EDR, and patching coverage across all devices
- Identifies unmanaged or out-of-date endpoints that could be exploited
- Ensures laptops, desktops, and mobile devices meet security standards



EMAIL SECURITY & COMPLIANCE

- Scans for phishing vulnerabilities and a lack of SPF/DKIM/DMARC protections
- Evaluates encryption and archiving policies for regulatory compliance
- Ensures email filtering systems are properly identifying and quarantining threats



TRAINING AND POLICY COMPLIANCE

- Identifies gaps in user awareness training that lead to costly human errors
- Reviews cybersecurity and acceptable-use policies for completeness and clarity
- Helps build a culture of security by aligning staff behavior with best practices

